



Get involved **Boots and all**

Safe Work Australia Week

25 – 31 October 2009

What is it?

Safe Work Australia Week encourages all working Queenslanders to get involved in, and concentrate on, safety in their workplace to reduce deaths, injuries and diseases.

Why is it important?

- Approximately 100 Queenslanders die each year as a result of work-related injuries and nearly 30,000 are seriously injured.
- What would your family do if you were seriously injured or killed today?

How can I get involved?

- hold a health and safety information session or morning tea
- encourage staff to take a break
- take exercise to improve alertness and physical wellbeing, i.e. walk, yoga, bike ride, run etc
- hold an office clean up day to ensure workplaces are safe and clean
- invite a doctor to your workplace to talk about health and wellbeing
- encourage staff to identify and speak up about a health and safety issue in their area.

Need more information?

Visit www.worksafe.qld.gov.au or call the Workplace Health and Safety Infoline on 1300 369 915.

*Healthier and safer workplaces
Healthier and safer workers*



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